

Marshall Scholarship Handbook 2025–26

# **Contents**

Foreword	3
The Marshall Aid Commemoration Commission	4
Administration	5
Pre-arrival Confirmation of your award and placement process	8
Travel to the United Kingdom	10
Accommodation	12
Arrival to the UK	14
Tenure of study	15
Policies	19
Scholar finances	22
Additional allowances	25
Events and opportunities	31
Health and Wellbeing	33
End of Award	37
Contact after tenure	40

### **Foreword**

All of us at the MACC offer our warmest congratulations to you on your Marshall Scholarship and welcome you to the UK. We hope that your studies will be successful and that you will enjoy your time in the UK to the fullest.

To assist you, we have compiled this Handbook which includes some general information, explains how the scheme works and reminds you of the rules relating to being a Scholar. We hope you will find it useful.

We do our best to keep it updated and user friendly but we are always open to suggestion on how it can be improved.

#### John Raine

Chair Marshall Aid Commemoration Commission September 2025

# The Marshall Aid Commemoration Commission

#### As at 1 September 2025

#### Chair

Mr John Raine CMG OBE

#### Members

Ms Anjulika Ajufo Dr Andrew Bell

Prof Richard Black

Prof Frances Brodsky

Mr Adrian Greer

Prof Chris Millward

Prof Adam Smith

Prof Leslie Vinjamuri

Lady Sarah Wolffe

#### **Alumni Observers**

Dr Ruth Van Dyke Dr Benjamin Heineike

### **Marshall Secretariat**

#### **Chief Executive Officer**

Dr Emily Charnock (Leave of Absence 2025/6)

### Director

Ms Haley Addison

### Board Governance, Risk and Compliance Manager

Mr Denis Tkachuk

#### **Programme Manager**

Ms Stephanie Berke

### **Programme Officer**

Ms Aleksandra Pedley (Immigration)
Ms Ons Ziadia (Leave of Absence 2025/6)

### **Scholarship Assistant**

Ms Anna Gane

### **Administration**

### **Roles and Responsibilities**

#### The Marshall Aid Commemoration Commission

The Commission is a Non-Departmental Public Body (NDPB) of the British Government.

"A non-departmental public body (NDPB) is a "body which has a role in the processes of national government, but is not a government department or part of one, and which accordingly operates to a greater or lesser extent at arm's length from ministers".

https://www.gov.uk/guidance/public-bodies-reform#ndpbs-executive-agencies-and-non-ministerial-departments

The Commission is the body that is responsible for the running of the Marshall Scholarship Programme. Set up by an Act of Parliament in 1953 the Commission consists of 10 publicly appointed Commissioners. When the Commission is referred to in any literature it means the entire administration of the Marshall Scholarship Programme.

The Marshall Aid Commemoration Commission Act and Administrative Regulations can be found here:

 $\frac{https://www.marshallscholarship.org/media/1248/1953 actof parliament with adminregs.}{pdf}$ 

https://www.marshallscholarship.org/media/2085/2019-administrative-regulations-macc-final.pdf

### **Marshall Commissioners**

There are 10 publicly appointed Commissioners including the Chair of the Commission. They are all appointed through the Government Public Appointments process:

https://publicappointments.cabinetoffice.gov.uk/about-appointments/

they are all part time and unpaid, their appointments are initially for three years with a possible reappointment of three years. Commissioners are responsible for the oversight of the programme.

Commissioners are responsible for overseeing the Secretariat, and the processes and policies of the Commission. They are also responsible for accounts and the Grant-in-Aid that the Commission receives to run the Scholarship.

Commissioners are not responsible for the day-to-day running of the Scholarship. This is delegated to the Secretariat.

#### **Secretariat**

The Secretariat is made up of the CEO, Director, Board Governance Manager, Programme Manager, Programme Officers and Scholarship Assistant...

The Secretariat is responsible for the day-to-day running of the Scholarship programme. This includes day-to-day interaction with the Scholars, placement, payments, event organisation as well as overseeing the application process and producing the budget and accounts and all the policies and reports to support the Commission as an NDPB.

The Secretariat is responsible for implementing the Scholarship rules and ensuring Scholars comply with them.

The Secretariat is referred to as the Marshall Team in this document and can be contacted at <a href="mailto:prog.admin@marshallscholarship.org">prog.admin@marshallscholarship.org</a>.

#### **Alumni Observers**

The Alumni Observers to the Commission are members of the Marshall alumni community based in the UK. The position is part-time and unpaid, and Alumni Observers are appointed in the same manner as Commissioners. Two observers are appointed by the Commission to attend Commission meetings.

The alumni observers' role is to attend Commission meetings and give a Scholar's perspective whilst also liaising with the Scholars and the AMS.

### Association of Marshall Scholars (AMS)

The Marshall alumni organization, the AMS, is a completely separate entity to the Commission. The AMS is a membership association for Marshall Scholarship alumni and is a registered 501(c)(3) in the US who have their own board and management. The AMS works closely with the Commission to enhance the Scholarship programme. Their website can be found here: https://marshallscholars.org/

#### **UK Universities**

UK universities are responsible for all aspects of Scholars' student life in the UK and are the sponsor of Scholars' student visa. Scholars should contact their university in the first instance for all guidance and support.

The Marshall Team can signpost you to the appropriate service at your university if needed.

### Scholar Handbook

The terms, conditions and regulations in this handbook apply to offer-holders (Scholar-elects) and award holders of Marshall Scholarships. The most recent edition supersedes previous editions and is applicable to all Scholars from the time of publication. Therefore, all current Scholars should read this handbook, Procedures and policies may be changed without notice during the term of a Marshall Scholarship. A separate list of the Marhsall policies can be found on the website:

https://www.marshallscholarship.org/the-commission/policies/

The handbook provides general guidelines, and additional information may be provided to Scholars separately. Scholars are asked to check with the Marshall Team after consulting the handbook about specific issues if they have any questions. Scholars will receive bespoke documentation, including a Notification of Award letter, which will outline any specific conditions or details for their award.

For all matters, you should refer to:

#### Marshall Aid Commemoration Commission

c/o British Council 1 Redman Place, Stratford, London E20 1|O

E-mail: prog.admin@marshallscholarship.org

Web: www.marshallscholarship.org

### **Pre-arrival**

### Confirmation of your award and placement process

1. The confirmation of a scholarship will be completed in two stages as outlined below. Please refer to the Scholar Placement letter for more information on the UK university application process.

### Stage 1

- Complete health and disability form (see Health and Wellbeing section)
- Complete the UK university application to the Year 1 first-choice programme
- Provide outcome of UK university application to the Marshall Team. If a conditional offer is received, the conditions of the offer will need to be fulfilled before the offer will become unconditional. The unconditional offer will also need to be provided once it is received.

### Stage 2

- Once the university offer has been forwarded to the Marshal Team, they
  will contact your university to confirm your placement. Once confirmed, a
  Notification of Award letter (NOA) will be issued by the Marshall Team.
- Once all conditions of the university offer are met, the UK university will issue
  a Confirmation of Acceptance for Studies (CAS) which will need to be provided
  to the Marshall Team.
- When the unconditional offer and CAS have been provided to the Marshall Team, Scholars will receive a visa pack and a Confirmation of Award letter (COA). The CAS and Confirmation of Award letter before you apply for your visa. Extensive guidance regarding visas will be provided in due course.
- More information on this process can be found in the Student Visa section.
   For those Scholars seeking a second University placement for Year 2, the process for obtaining admission and the CAS is the same, with minor differences in the immigration process to apply for a second student visa.
   More information will be provided to Scholars in the summer of their first year of tenure to assist with this transition.

### **Pre arrival Webinars**

The Marshall Secretariat hosts several pre-arrival webinars across the lead up
to departure. These sessions are designed to support the scholar and include
information about finance, health and wellbeing in the UK, immigration guidance
and other matters.

These sessions are mandatory, and attendance from all Scholars is expected. The Secretariat will communicate the schedule of these webinars across the pre-arrival period (from December to August), and links to recordings of these sessions will be made available for review.

#### **UK Bank Accounts**

3. Marshall Scholars will receive detailed information on how to open a UK bank account prior to arrival in the UK. A UK bank account with a UK sort code must be opened. It is the expectation that this will be up and running to allow stipend and allowances to be deposited in time for your arrival in the UK. Scholars will be expected to follow instructions in a timely manner to facilitate this process. Failure to do so may result in a delay in receiving funds at the beginning of your award. If you face any difficulties with this process, please let us know. It is very important that you inform the team about any changes to your bank account details.

If you decide to change your bank account whilst in the UK, you must provide the new details as soon as possible. You may email <a href="mailto:prog.admin@marshallscholarship.org">prog.admin@marshallscholarship.org</a> for more information about updating your bank account information. Please ensure you keep your old account open until your stipend is credited to your new account. If you do not keep your old account open, there may be a delay in receiving any allowances paid during this period.

# Travel to the United Kingdom

### **US to UK Travel Arrangements and Expenses**

- 4. Scholars will usually travel to the UK in a group or individually as dictated by their course start dates. Scholars will be informed of proposed travel dates as soon as the Washington DC and London orientation dates have been confirmed each year. Scholars should be aware of their course start dates and liaise with the Marshall Team if their start dates precede the orientation dates. Proposed travel dates are subject to change, so Scholars should be prepared to travel earlier or later than the initial proposed date.
- 5. Fares for Marshall Scholars will be paid from their place of residence in the United States to their university in the United Kingdom. This will include a fare from their place of residence to Washington DC if attending the orientation. The fares will cover economy class air travel. No other expenses of travel can be met. Scholars are not debarred from travelling by other means or at other rates to take up their award, but no reimbursement can exceed the actual amount expended, nor the equivalent of the cost of the passages described above, whichever is the lesser value.
- 6. Scholars are expected to ensure that their passports will be valid for the duration of the time they will be in the UK. Any costs associated with renewing passports before or during the award will be at the expense of the Scholar.
- 7. The Commission recommends taking out adequate travel insurance whilst in transit from home in the United States to destination in the United Kingdom. However, the cost of any insurance coverage will be the Scholars' responsibility, and the Commission cannot provide advice or cover these costs.
- 8. The allowance on transatlantic flights is typically two pieces of checked baggage. The maximum weight and dimensions will be outlined by the airline. Additional baggage and excess baggage charges will be the responsibility of the Scholar.
  - Scholars should make independent arrangements for transportation of baggage to Britain should they need more than the allocated allowance. Scholars will receive a shipping allowance of \$450/£325 upon arrival to the UK. Scholars are advised not to bring more than two suitcases on their flight to the UK as they will be responsible for transportation of the luggage to their UK university.
- The Commission cannot accept responsibility for any issues on the journey or for the loss of luggage, wherever or however these may occur. You are therefore advised to insure, at your own expense, both your luggage and that of any dependants.

### **Dependant Fares**

10. The Commission has discretion to pay the fares of the dependants of Scholars if their visas are approved and to offer the same shipping allowance Scholar allowance on a reimbursable basis against costs expended.

#### **Documentation: Student Visas**

11. All US citizens entering the UK as students need to apply for a Student Visa. This is also known as Entry Clearance. This means that all Marshall Scholars must apply for Entry Clearance before they arrive in the UK.

Your UK university will be the sponsor of your visa, and will provide your Confirmation of Studies (CAS) – a document needed for the visa application. The university can also provide general visa support and guidance. Subject to satisfying the conditions associated with the Marshall Scholarship and the University offer, Scholars can expect to receive their CAS within three months of the start of their study programme.

Once received, Scholars are advised to forward their CAS to <a href="mailto:immigration@">immigration@</a> marshallscholarship.org. The Marshall immigration officer will then provide detailed visa guidance and the necessary documents needed to begin the student visa application.

For general guidance about the student visa process, you may find it helpful to refer to the following websites published by "<u>UK Visas and Immigration - Student visa :</u>

Overview - GOV.UK" and the "<u>UK Council for International Student Affairs - Student route: eligibility and requirements</u>"

- 12. The student visa application fee and immigration health surcharge are covered by the Commission. Travel and any other visa-related costs will not usually be covered by the Commission.
- 13. Scholars will receive an eVisa if their Student visa application is successful. The e-visa is provided by UK Visas and Immigration (UKVI) and confirms your right to remain in the UK as a student and any conditions associated with your stay.

If you are on a two-year award, you will need to ensure that your e-visa will be valid until you receive the CAS from your second-year university (usually late Summer of the following academic year) and re-apply for your visa. As your university is the sponsor of your visa, please contact them if you have any concerns about your dates. It is the Scholar's responsibility to check the expiry dates of your e-visa and to apply for an extension of stay if necessary. Please email the Marshall immigration officer at <a href="mailto:immigration@marshallscholarship.org">immigration@marshallscholarship.org</a> with any concerns or questions.

### **Dependant Visas**

14. The Commission recognises UKVI's definition of dependants as outlined in their guidance for student visas found on the gov.uk website. Scholars will need to provide evidence to UKVI of their relationship with their dependant when applying for the student visa and meet the criteria provided by UKVI. Scholars will need to provide the Commission with confirmation that the dependant visa has been approved before any arrangements for dependants will be made. The Commission does not cover any visa-related costs for dependants.

### **Accommodation**

- 15. Before your arrival in the United Kingdom, you should seek advice about accommodation from the accommodation or housing team at your university or institution. The Marshall Commission advises all Scholars to consider university/ college housing whenever this is available, especially in your first year. Your university should provide you with information on university housing and deadlines for securing a place.
  - This guidance also applies to Scholars who are relocating in the second year of their tenure to begin a new course of study at a different university.
- 16. At collegiate universities such as Oxford and Cambridge, it is customary for the colleges to offer accommodation at least for a student's first year, but space may be limited. In London, it cannot be assumed that there will be sufficient places for all those seeking university accommodation. If you would like to live in College or university accommodation, we recommend engaging with the relevant accommodation team as soon as possible after your offer is received.
  - If your institution cannot offer you university accommodation, they should be able to provide you with information about finding permanent private accommodation after you reach the United Kingdom. Please do reach out to the Marshall Team if you have any questions during this process. If you accept university residential accommodation (e.g. college hall of residence or hostel), you will normally be required to remain there for one academic year.
- 17. (a) Couples accommodation is not easy to find in the United Kingdom and universities are not always able to provide university housing for couples and married partners. A university will, however, usually help in the finding of accommodation and Scholars requiring couples' accommodation should email their university immediately following completion of placement procedures.
  - (b) In a number of universities, it is very difficult to find childcare facilities. If you think you may need them, it is important for you to ask your UK university

as early as possible whether any facilities are available. It is important to remember that child allowances are paid only from the date of arrival in the United Kingdom of the Scholar's children.

- 18. Before taking accommodation at any distance from your place of study, you should make sure that it is within any limits set by your university. You should also consult the Marshall Team before securing accommodation that is far from your place of study.
- 19. Scholars should be aware that private landlords in England are required to check their tenants' immigration status before granting a tenancy agreement to ensure that the tenant has the 'right to rent'. This means that it may be difficult for a Scholar to secure private accommodation in the UK in advance of their arrival. Scholars should be careful about signing lease agreements before arriving in the UK unless you or a representative has been to view the property. If you do wish to live in private accommodation, you may need to consider booking temporary accommodation for your arrival, while you view potential properties. Scholars should be aware of rental scams, especially in London. It is recommended that Scholars read the advice found here before sending or paying any deposits: UKCISA: Accommodation advice for international students. If you have any questions or concerns, please contact your university or university student union's housing and accommodation team or the Marshall Team.

If a Scholar secures private accommodation after their arrival in the UK, the Marshall Team can provide a letter of reference should it be required. The Commission cannot act as a guarantor and cannot sign a Deed/Letter of Guarantee on a Scholar's behalf.

20. You should immediately notify the Marshall Team of any change of address, whether temporary or permanent.

### **Deposits**

- 21. Some universities/colleges require a non-returnable deposit to be paid before you arrive in the UK to reserve accommodation. In the first instance, the payment of such a deposit should be made by the Scholar. It is important to note that arriving Scholars entering their first year of study in the UK are not eligible for loans or advances from the Commission prior to their arrival. Therefore, arriving Scholars should make adequate provision for their housing costs ahead of arrival. For more information, please contact the Marshall Team..
- 22. Some universities/colleges and in renting private accommodation, require a returnable deposit which must be paid before you enter the accommodation. This is held until your departure as security against debts. In the first instance, the payment of such a deposit should be made by the Scholar. In the event that

payment of this deposit represents financial difficulty for the Scholar, this deposit can be paid on your behalf by the Commission and will be claimed back upon your departure. In line with the debt management policy (found here), Scholars will be asked to sign an agreement with the Commission confirming your responsibility to ensure that the full sum of the deposit

### Arrival to the UK

### **Arrival Expenses**

- 23. Scholars should carry with them sufficient funds to meet the expenses arising immediately before and on arrival to the UK (a sum of £200 should be sufficient). Scholars will receive instructions on how to set up a UK bank account prior to arrival in the UK and will be notified of the amount of the quarterly stipend and allowances that will be provided as the first payment. If Scholars have provided their UK bank details before the advised deadline, funds will be deposited into the account on their arrival to the UK.
- 24. Scholars who are travelling to London as part of the Welcome Orientation will be met at Heathrow. Scholars are responsible for booking their own travel, using public transportation, directly to their place of residence after the London Orientation and will receive £50/\$65 as part of their arrival allowance with their first stipend payment to cover this cost.

#### **Culture Shock**

25. As with any move to a new country, Scholars may experience culture shock. The UK, whilst it may appear familiar in some ways, has many differences to the US. As part of your time in the UK you will learn all about these differences, and we hope you are open to embracing them. Guidance on dealing with culture shock can be found here: <a href="UKCISA: Culture shock advice for international students">UKCISA: Culture shock advice for international students</a>. Your UK university and Marshall Team can provide additional resources or advice as needed.

# **Tenure of Study**

### One Year Award

26. A one-year Marshall Scholarship is tenable for one academic year (i.e. 12 months). It is a condition of the award that Marshall Scholars must proceed to a degree that can be completed within the tenure of their award. The one-year Marshall Scholarships cannot be extended beyond the 12-month tenure.

Scholars awarded a one-year Marshall Scholarship are expected to remain in the UK for 12 months, even if the course is shorter in length. If you have a commitment to return to the US earlier than this in order to start a PhD, MD or JD degree, permission must first be sought from the Commission through the Marshall Team. A minimum of 10 months in the UK may be allowed under these circumstances.

#### Two Year Award

- 27. A two-year Marshall Scholarship is tenable for two academic years. It is a condition of the award that Marshall Scholars must successfully complete Year 1 of their studies to proceed to Year 2 of their award. Scholars must complete their degree(s) within the tenure of their award.
- 28. Your university is responsible for all aspects of your student life in the UK. Scholars should contact their university in the first instance for guidance and support. The Marshall Team can signpost you to the appropriate service at your university as needed. You must observe the regulations, policies and procedures of the university or institution at which you attend.
- 29. If you believe you are unable, for any reason, to continue to the second year of your award, you must inform the Marshall Team. If any change of registration is proposed (i.e. leave of absence), you should apply to the Chair of the Education Committee, through the Marshall Team, in writing for prior approval of the change. It is at the Commission's discretion to approve these requests. Should you require time away from your studies for any reason, please refer to the Leave of Absence policy.

#### **Year Two Courses**

30. The process for Year 2 applications commences in Term 1 of your first year of tenure. As part of the Marshall application process, Scholars were asked to provide an academic plan of study for both years in the UK and to demonstrate how it would support their long-term academic and career goals which informed the final selection of Scholars.

For this reason, the Commission expects all Scholars on a two-year award to apply to the Year 2 first and second choice university and course as listed on their Marshall application. If an offer to study is not received at their first choice, Scholars will be expected to attend the Year 2 second choice university and course. If the Scholar does not receive an offer from their second choice, they should contact the Marshall Team as soon as possible to discuss next steps. The Commission's policy on year two course change requests is outlined below.

31. The Commission will accept course change request proposals from Scholars who can demonstrate that their selected course is no longer running and there is not a similar course at the same university, or from PhD/Research students whose chosen supervisor is no longer available and another suitable supervisor at the same university is not an option. Scholars whose Year 2 first and/or second choice were disrupted due to an unforeseen change to their Year 1 course will be required to apply to the course option that is still available, but a second option can be considered. Confirmation from the supervisor and/or university of the disruption may be required by the Commission as part of the course change proposal request.

The Commission will only consider a course change request proposal for doctoral study in year two from Scholars who did not list a PhD/DPhil on their Marshall application if they are proposing to continue on their current MRes, MPhil or equivalent research master's course at the same university by upgrading to PhD/DPhil. Requests to begin a doctoral degree on a new course or at different university will not be considered. Scholars should be aware that 3rd year funding is not guaranteed, and the university may ask for confirmation on how the final two years will be funded.

Scholars should note that it is at the discretion of the Commission to approve change request proposals and only proposals for courses of an equal or lesser value in tuition fee costs will be accepted (this may include only courses at available partner universities if the Scholar's original course was at a partner university). Scholars who meet these criteria should contact the Marshall Team in term 1 of their first year, and next steps will be provided.

Applications to the Year 2 first and second choice courses may be submitted at the same time. Scholars are limited to two applications because they are selected to study particular courses at specific institutions. Selecting the programmes that are right for them, and being able to justify these choices, is a very important part of the application and selection process. Scholars will not be allowed to proceed on the award with an offer from a university and/or course that has not been previously approved by the Commission.

All Scholars on a two-year scholarship will be required to set up a meeting with the Marshall Team to discuss their current course and their second year applications. Scholars will receive more details about this process during term 1 of their first year.

Scholars who have listed the Master of Public Policy at the University of Oxford are reminded that it is restricted to one Marshall Scholar per academic year and is funded by a partnership with Brasenose College to attend the Blavatnik School of Government. Scholars who are not chosen by Brasenose/Blavatnik for the partner award will be required to apply to and attend their second-choice course/ university, even if they were admitted to the MPP programme.

#### **Annual Statements**

32. You will be required to submit an annual statement to report on your academic progress and extracurricular activities on award towards the end of each academic year. Failure to submit your report may result in your next stipend payment being delayed.

Additionally, your supervisor or tutor will be required to report on your progress each year. The Marshall Team will contact your supervisor to provide the report. If a report is not provided by your supervisor, you may be asked to provide a 'Highly Likely to Complete' letter or the equivalent if on a 2+year course.

### **Extensions of Scholarships**

33. One-year scholarships cannot be extended. Two-year scholarships may be extended by the Commission, at its discretion, though not beyond the end of a third academic year. Third-year extensions are granted by the Commission on a limited basis, for doctoral study and, subject to the availability of funds. The Commission cannot fund new degrees started in the third year. Funding will not be extended beyond a third year. Scholars who apply to and are selected for the scholarship to undertake a PhD will be eligible to receive third year funding without applying for an extension. They will, however, need to demonstrate to the Commission during their first and second years that they have met all appropriate academic progression requirements and are on track to complete their degree.

More information about this process will be provided by the Marshall Team to eligible Scholars in Term 1 of their second year. In addition, funding agreements have been made with various partners. For further information on these arrangements please contact the Marshall Team. Where funded third-year extension is granted, the Commission will pay the cost of the visa and Immigration Health Surcharge for one year for any necessary visa extension.

### **Duration and Termination of Award**

34. Your Scholarship will commence on the date stated in your Notification of Award or on the date of your arrival to the UK. It will continue for the initial period specified on your Notification of Award or until the date, if earlier, when you complete your studies, discontinue your studies or depart the UK.

- 35. If a Scholar is considering terminating their scholarship at any point, they should contact the Marshall Team as soon as possible. The Commission will review cases where a scholarship is terminated before the end of the first year of studies has been completed (or a degree has been completed) on a case-by-case basis. There may be financial implications depending on the timing of the termination, such as repaying stipend.
- 36. Your Scholarship may be terminated by the Commission at any time for reasons of unsatisfactory conduct, progress or attendance, or if your registration is suspended or terminated by your university for any reason, (refer to the Marshall Commission's Disciplinary Policy for more information). In cases of ill health, and if the Scholar is unable to continue with their studies in the UK, the Commission may defer or withdraw the Scholarship.
- 37. If for any reason you are worried about progressing during your award, you can talk to your university, or to the Marshall Team at any time. Please make sure you are aware of your university's policies on applying for mitigating circumstances as extensions on coursework may not be granted. There are conditions that must be met for two-year Scholars to progress to the second year of their award, including successful completion of their first-year course (if on a one-year programme) or demonstrating that you are on track to progress to year 2 (if on 2+ year course), which includes submission of their annual statement and signing any required documents such as the Notification of Award letter.

### **Policies**

The policies listed below can be found on the Marshal website here: https://www.marshallscholarship.org/the-commission/policies/

#### Code of Conduct

38. As a Marshall Scholar or Scholar Elect (offer-holder), you are an ambassador for both the Marshall Aid Commemoration Commission (MACC) and the United States of America, and your actions and remarks will have an impact on the reputation of both. You are therefore expected to adhere to high standards of conduct and behaviour and to always show respect to others and your surroundings. It should be noted that you will also be expected to comply with your university's regulations on conduct and will be subject to their policies and procedures. The MACC works closely with the universities in requiring the highest standards of conduct and probity, on the part of staff and faculty, as well as students.

The Marshall Commission aims to enable a free exchange of ideas during all its activities to achieve the maximum potential impact for all participants. Recognising the diversity of backgrounds, experiences, and perspectives among our award holders, Scholars are reminded to always be respectful to others and to behave in an appropriate manner. Discriminatory comments, behaviour or harassment will not be tolerated. Please familiarise yourself with discrimination and protected characteristics under UK law as outlined in the <a href="UK's Equality Act 2010">UK's Equality Act 2010</a> and the <a href="UK's Higher Education Freedom of Speech Act 2023">UK's Equality Act 2010</a> and the <a href="UK's Higher Education Freedom of Speech Act 2023">UK's Equality Act 2010</a> and <a href="Freedom of Speech In Higher Education">Freedom of Speech In Higher Education</a>. You should also read your relevant UK university equality and diversity policies.

The provisions of this Code and the Disciplinary Policy apply to all communications, including but not limited to, social media and electronic communications, speaking in public and writing something for publication, either officially or in a personal capacity. When engaging with social media, you should always respect confidentiality, financial, legal and personal information. Social media and electronic communications, whether public or private, addressed to a group or an individual, should never be used for harassment, bullying, defamation, or any threatening or offensive behaviour as outlined in the Disciplinary Policy. Scholars should also refrain from representing the views of the MACC; the UK Foreign, Commonwealth and Development Office (FCDO); the British Embassy in Washington DC; the US Embassy in London; the Association of Marshall Scholars (AMS) or UK universities in their social media or any other communications. Please read the Disciplinary Policy and Social Media Policy on our website for more guidance.

The Marshall Commission is committed to upholding its safeguarding policy, which is subject to regular review. The Commission works with host UK universities to support the welfare of all Marshall Scholars, recognising that primary responsibility for student welfare in the UK resides with the student's university. The Commission requires Commissioners, Secretariat staff, and Scholars and Fellows to fulfil their role and responsibilities in a manner consistent with requirements for safeguarding. The Commission's Safeguarding Policy can be found on our website.

Scholars are expected to fulfil all requirements put on them as award-holders and return all documentation in a timely and complete manner. Scholars are expected to treat any staff engaged within the Secretariat, or within any other organisation contracted to provide services to the Commission, with courtesy and respect. It is expected that such staff will show you the same consideration in return.

The Commission operates a zero-tolerance attitude to fraud and will investigate all instances of actual, attempted and suspected fraud, bribery or corruption committed by Scholars and Fellows related to their award. Any such instances will be considered under the Commission's Anti-Fraud Policy which can be found on our website.

Any complaints received or issues related to the behaviour of Scholars brought to the attention of the Commission will be taken very seriously and any behaviour that does not adhere to the above values and expectations will be addressed by the Marshall Commission in line with our Complaints Policy found on <u>our website</u>. Your award may be terminated at any time for reasons of unsatisfactory conduct, progress, or attendance, or if your registration is suspended or terminated by your university for any reason. The Code of Conduct is reviewed regularly, and updated versions will be added to the website. Scholars will be expected to adhere to any updates during the tenure of their award.

### **Disciplinary Policy and Procedures**

39. Scholars are asked to carefully read the <u>Commission's Disciplinary Policy and Procedures</u> which details the actions that will be taken when the Marshall Commission becomes aware of potential misconduct by a Scholar or Fellow.

## **Safeguarding Policy**

40. The Commission's Safeguarding Policy can be found on the website.

For any safeguarding issue that arises within or in connection with the university at which the Scholar is studying, the first point of contact should be through the relevant university channels. Each university will have its own method for reporting safeguarding concerns.

For safeguarding issues that concern contact with other Scholars, the first point of contact should be one of the two Marshall Commission Safeguarding Champions.

For safeguarding issues that relate to behaviour by any Commissioner, or by Commission appointees, including Secretariat staff, the first point of contact should be to the Marshall Commissioner with Safeguarding Responsibility or to the Chair of the Marshall Commission.

### **Diversity and Inclusion**

41. The Commission's Diversity and Inclusion Policy explains that Scholars are expected to support diversity and inclusion in their interactions with one another and with the Commission and to follow the standards outlined in the Code of Conduct. Breaching this policy may result in action being taken under the Disciplinary Policy.

At the start of their award and as part of your UK government scholarship, Scholars will be asked to complete two training courses: 1.Equality and diversity; 2. Consent. They are designed to help you understand the laws in the UK, as well as what is expected of you as a scholar or fellow.

#### Social Media

42. Social media is a public forum, and the same considerations apply as would to speaking in public or writing for publication. For more information about the Commission's social media policy, <u>please visit the website</u>.

Scholars and Scholar-elects are held accountable to the social media policy as outlined in the Scholar Code of Conduct. The Commission may at any time, and without notice to you, revise this policy.

#### Residence in the UK and Travel on Award

43. Scholars are required to enrol at a British university for the full tenure of their award as full-time students proceeding to a higher degree. As a Marshall Scholarship is intended to give the holder an opportunity to see as much as possible of the United Kingdom, meet its people and observe its institutions, you should be prepared to spend a reasonable proportion of your vacation time in the UK. Courses or research involving lengthy periods, more than 90 days, outside the United Kingdom will not be approved.

### One Year Marshall Scholarships

44. All visits overseas (for academic or non-academic reasons), including to the United States, are subject to approval by the Marshall Commission and may not exceed 30 days in an academic year. If permission is given by the Commission to exceed

this limit, Scholars will be subject to a loss of stipend for that period. Requests should be submitted to the Commission in advance of travel.

Scholars on one-year Scholarships should not be applying for and attending interviews for graduate programmes in the US during their tenure as a Marshall Scholar.

### Two Year Marshall Scholarships

45. Non-academic visits outside the UK are subject to approval by the Marshall Commission and should not exceed 30 days in an academic year – 01 October to 30 September.

The Commission will not normally give permission to exceed this limit, but if they do, Scholars will be subject to loss of stipend during this period. Requests should be submitted to the Commission in advance of travel.

Scholars who have a strong academic reason for overseas travel for research will be allowed to spend up to 90 days per academic year outside the UK, subject to approval from the Commission. Scholars must send an academic proposal and letter of support from their tutor/supervisor to the Marshall Team before travel. Any requests beyond 90 days will not be approved.

For safety and security reasons, Scholars on one-year or two-year awards should notify the Marshall Team if they intend to be outside the country, making sure that they leave contact details on the form provided. Failure to declare travel may result in Scholars being referred to the Commission for disciplinary action.

### **Scholar Finances**

### Stipend (maintenance allowance)

46. Your monthly stipend (maintenance allowance) will be at a London rate if your place of study is within the London metropolitan area or an Outer London rate if your place of study is outside of London. The stipend is calculated to cover your basic living expenses only, such as accommodation, meals (including those on journeys in the United Kingdom) and personal expenses.

The stipend rates are reviewed and set by the FCDO each year and are the same across all HMG- funded scholarship schemes. Your stipend will be deposited into your UK bank account (once this has been opened) on your arrival to the UK. All subsequent payments will be made by bank transfer directly into your bank account. The maintenance allowance ceases on the termination date of your Scholarship or the date on which you leave the United Kingdom, whichever is earlier.

When a Scholar is moving to begin a new course in their second year and is moving into or out of the London Metropolitan area, the stipend rate will be adjusted from 1 October.

A list of the rates of allowances is given on a fee sheet provided at the beginning of your award. Stipends are provided pro rata. If your situation changes, these figures will be adjusted.

### Military Scholar Stipend (maintenance allowance)

47. As agreed by the Military in the US, Marshall Scholars who are members of the US military and in receipt of a salary receive 50% of the maintenance allowance throughout their tenure as a Marshall Scholar.

### **Stipend Payment Schedule**

48. The allowances mentioned in the preceding paragraphs will normally be paid into your bank account. The payments will be received as follows:

#### Year 1

Q1 (arrival – December): stipend + one-off allowances

Q2 (January – March): stipend + academic allowance

Q3 (April – June) stipend + mid-term visit (for two-year Scholars)

Q4 (July- September): stipend\*

\*For one-year Scholars: Q4 stipend is pro-rated to the end of tenure date or departure from UK, whichever is earlier (see the End of Award section)

#### Year 2

Q1(October - December) stipend + one-off allowances

Q2 (January – March): stipend + academic allowance

Q3 (April – June): stipend

Q4 (July – September) stipend \*

\*The final stipend amount is pro-rated to the end of tenure date or departure from UK, whichever is earlier (see the End of Award Section)

### **Tuition Fees**

49. Approved fees will normally include fees for tuition, examination and use of a laboratory. Scholars are responsible for paying the subscriptions to any university or college clubs, including the Oxford and Cambridge Union Societies. Additional fees for accommodation, battels, dining expenses or other maintenance costs are also the responsibility of the Scholar.

Requests for approved fees will be sent by the university or college to the Marshall Commission and will be payable upon Scholar arrival in the UK. If you receive a request for these fees yourself, you should forward the email with the original invoice to the Marshall Team.

#### **Air Fares**

50. The Commission will meet the cost of the incoming air fare from the United States to the UK at the beginning of the Scholar's tenure. It will also meet the cost of the homeward air fare from the UK to the Scholar's hometown at the end of their tenure on the condition that the Scholar has successfully completed a course of study and has fulfilled all other requirements. Homeward travel and shipping must be requested within the financial year (April to March) that a Scholar's award ends. For two-year Scholars the Commission will also offer a Mid-Term Visit Fare (see Mid-Term fare section below).

### **Employment**

51. Marshall Scholars can be in part-time, paid employment while in the UK but this is subject to UK visa regulations, University/College regulations, and individual Scholars' overall commitment to their studies in the UK and conditions of award. Scholars should remember that their academic studies should be given priority.

Scholars should consult the conditions of their visa for any work restrictions during and out of term time. Scholars should contact their UK university with any questions about working in the UK or remotely and to confirm their term time dates.

There may be an exception to this rule where the placement is a necessary part of your studies, and you have the permission of your UK university/college and the Marshall Commission.

### Other Awards

52. Additional funding up to £10,000 can be accepted on approval by the Commission. This funding cannot include other UK government funding sources. Scholars are responsible for securing additional funding opportunities; the Commission is not

able to offer support. If you have questions about the eligibility of another award, please contact the Marshall Team.

If you will be in receipt of additional funding, please email the Marshall Team with the details of the provider and amount before the start of your award as this will be sent to the Commission for approval. If you secure additional funding during your award, you must notify the Marshall Team as soon as possible.

### **Additional Allowances**

In addition to the maintenance allowance (stipend), Scholar allowances are provided either directly to the Scholar which does not require a receipt or as a claimable allowance which is reimbursed. The type of allowances will be indicated below.

### Allowances paid to Scholars

### **Academic Allowance (Thesis Grant)**

53. The academic allowance includes the former thesis grant and books and stationery allowance. These funds can be used towards costs related to Scholars' courses. Both grants were originally intended to help with the purchase of school supplies and other academic expenses associated with postgraduate study. These funds can also be used to cover costs related to repairing or replacing broken equipment such as a laptop. These rates are reviewed and set by the FCDO each year and will be the same across all HMG-funded scholarship schemes.

The academic allowance will be paid as part of the January quarterly stipend and will cover the duration of the award. Scholars on two-year awards can anticipate receiving the academic allowance in their January stipend across both years of tenure – half in their first year of award and half in their second year of award. Scholars on single year awards may expect a single payment of the allowance in their January stipend. Scholars may use their own discretion on how to spend their academic allowance – receipts will not be required.

#### **UK Travel Allowance**

54 The Commission will provide all Scholars with a UK travel allowance that will cover daily travel costs as needed to attend university and to supplement other travel around the UK. This allowance should also be used to cover any photocard or travelcard costs, such as the purchase of 16-25 or 26-30 Railcard. The allowance is benchmarked against the TFL student travel monthly rate for Zones 1-3 for 12 months. The UK travel allowance will be provided as a one-off lump sum as part of the first quarterly stipend payment. The allowance for 2025-26 is £1712. From the 2025-26 academic year this includes £35 which should be used to purchase a 16-25 or 26-30 Railcard.

Scholars who wish to be reimbursed for travel to Marshall-sponsored events will only be reimbursed for the train tickets purchased at the discounted Railcard rate.

Scholars may spend their UK travel allowance at their own discretion – receipts will not be required. Scholars will receive their Travel Allowance upon arrival along with their first stipend payments. It will usually be cost efficient for Scholars to buy an annual pass for their region as there are considerable savings to be made over monthly passes, especially in London.

Scholars living in London who wish to purchase a TFL student travel card should note that the annual rate will be cheaper than buying a monthly rate. If buying the monthly card, rates will increase in March/April each year.

In some instances, UK Universities have the discretion to impose residency requirements upon their students to live within a commutable distance to their institution. If you have any questions about your university's requirements, please ensure you check with your department in the first instance.

Scholars are responsible for liaising with their universities to receive any documentation required for accessing student travel cards. The Marshall Team cannot reimburse any photocards required for student travel.

#### Claimable allowances

55 A multipurpose claim form for all claimable grants and allowances will be sent to you after your arrival in the UK. It should be noted that all claims must be accompanied by receipts, the Commission does not accept bank statements or credit card receipts as evidence for claims.

Claims should be received within three weeks of the costs being incurred. Claims received outside this timeframe will only be paid at the Commission's discretion. All travel should be made using public transportation unless pre-approved by the Marshall Team as claims received for travel not made using public transportation may not be reimbursed. Discounted tickets purchased using a Railcard should be used wherever possible.

When possible, please provide the completed form and attached receipts as one PDF.

#### **Ambassadorial Allowance**

56. A Scholar may apply for a grant to help meet the cost of expenses incurred during conference attendance or study visits related to their course of study, either in the UK or overseas. The sum available is listed on the fee sheet (received at the beginning of the award) and is for two years. No claim for expenses beyond this amount will be entertained.

Applications for approval of the ambassadorial allowance should be submitted on a copy of the form provided by the Commission. The form must be countersigned by your supervisor for UK travel and accompanied by a letter of support from your supervisor, outlining how the travel is related to your course for overseas travel. Receipts should be submitted along with the form. The Commission will assess and authorise the sum payable and will keep a record of your expenditure over the duration of your award. It is not payable automatically, and all applications should be made promptly and during the tenure of the Scholarship.

Scholars may not request grants for study travel in respect of journeys to be undertaken following the expiry of the award.

### **Leadership Allowance**

57. Each October Scholars will receive information about the Leadership Allowance with examples of UK-based professional and social membership organisations which they may be interested in joining. This fund is designed to support leadership and social development opportunities through engagement with community organisations in the UK. Scholars may claim reimbursement of the cost of joining one or more of these organisations otherwise approved by the Commission, up to a maximum of £150 per year. The allowance should not be used for one-off events, activities or classes. Scholars will not be reimbursed for membership fees to organisations which have not been previously approved by the Marshall Commission and are reminded to ensure that student membership is applied for wherever available. On a case-by-case basis, the MACC may consider applications for approval of these funds to be used for networking activities where Scholars can demonstrate they will take place on an ongoing basis with the same organization or group.

Scholars are entitled to claim affiliation fees and membership fees for university or local sports clubs up to a maximum of £50 as part of the overall allowance of £150. Costs relating to gym memberships and exercise classes cannot be claimed.

Scholars may also claim reimbursement of the cost of attending / travelling to events run by an organisation that they have become a member of with the Leadership Allowance. These costs must also be claimed from the total sum of £150 allocated to each Scholar. This excludes sports events and social events.

Annual membership fees must be claimed three months before the end of the Scholar's tenure to enable the Scholar to maximise the benefit of such memberships. Applications for yearly memberships or season tickets to cultural attractions will normally only be granted where a genuine desire can be demonstrated to visit more than once and as such it is envisioned that these attractions will be based close to the Scholar's place of study.

Please note that membership fees for the Oxford and Cambridge Unions cannot be reimbursed from the Leadership Allowance.

### **Travel Claims**

58. Scholars are entitled to claim for travel at the discounted Railcard rate or using other public transportation to MACC-sponsored events (orientation, devolved government trip and the farewell dinner). Scholars will be notified by the Marshall Team which events qualify for reimbursement.

### **University Visits and University Application Fees**

59. Scholars on two year tenured awards may apply for reimbursement for visits to those institutions indicated as proposed second year institutions on their Marshall application and/or agreed by the Commission in a formal change process. Scholars will only be reimbursed for official university open days or for pre-arranged meetings with relevant faculty (evidence must be attached to reimbursement requests).

Scholars may apply for reimbursement for the costs of application fees for their university places. To qualify for reimbursement, the application must have been agreed by the Commission either as the course(s) indicated on the Scholar's Marshall application or through a formal change process and must not be to an institution where an application fee waiver is in place. A maximum of two university application fees can be reimbursed per Scholar per application round.

### Relocation

60. If you are changing universities and moving to another city in your second year, you may claim the cost of one journey to your new institution and the cost of removal of your heavy luggage (not furniture) up to £200. The Commission will only reimburse the most economical method of transportation, which is usually using a shipping service such as 'Send My Bag' or 'Seven Seas Worldwide or by train.

The hire of a vehicle or van will only be considered if the Scholar can demonstrate that it is the most economical method, or where more than one Scholar is moving from the same city. Additional costs including insurance and petrol would not be covered by the Commission. Relocation expenses will only be reimbursed once a scholar has had their quote approved and must be made in advance of booking.

To make the claim, you will need to complete the relevant form and provide receipts. This allowance cannot be applied to moves within the same city.

The Commission cannot pay for storing your possessions. Failure to get the quote approved by the Marshall Team may result in the full amount not being reimbursed.

#### Renewal of Student Visa

61. All Scholars who change their degrees during their tenure will be required to apply for a new student visa for any further UK degrees.

For Scholars undertaking new degrees in their second year of tenure, whether it be at the same institution as they spent their first year, or a new institution, will be responsible for submitting their visa application prior to the start of the Scholar's new course of study. For more information about the visa process, please review guidance provided by the UK Visas and Immigration - <a href="Student visa">Student visa</a>: Overview - <a href="GOV.UK">GOV.UK</a> and UK Council for International Student Affairs - <a href="Student route: eligibility">Student route: eligibility and requirements.</a>

Scholars making applications from within the UK should be aware that they may not be permitted to leave the UK until they receive their new evisa. This may take up to 8 weeks from the date of submission of their biometrics.

The Commission will pay the cost for UK student visa applications made from within the UK on behalf of Scholars who submit their applications via the Marshall Team. In addition, the Commission will cover the cost of the annual Immigration Health Surcharge which is paid upfront at the point of application. If the validity of a Scholar's visa extends beyond their tenure as a Marshall Scholar, the Commission will only pay the annual Immigration Health Surcharge for the number of years remaining within the Scholar's tenure.

Applications can also be made from the US. There is currently no charge for Marshall Scholars applying for Entry Clearance from their home country as long as you follow the guidance provided by the Marshall team.

More information about re-applying for your visa will be sent by the Immigration Officer. As your university is the sponsor of your visa, you will need to confirm with their immigration team whether you can apply from within the UK. You should inform the Immigration Officer whether you intend to apply within the UK or the US. The cost of visa renewal applications for Scholar dependants must be met by the Scholar directly.

#### **Youth Hostel Association**

Scholars have the option to be reimbursed for youth membership of the Youth Hostel Association (YHA) of the UK. This organization provides accommodation options across the UK and can be used to book accommodation during MACC-sponsored events in London.

#### Mid-Term Visit Fare

Two-year Scholars will receive £850 as part of their first year April quarterly stipend which can be used toward a flight to return to the US. It is encouraged that flights be used between June of the first year and January of the second year.

Scholars may use their own discretion on how to spend their mid-term visit fare – receipts will not be required.

Scholars must notify the Marshall Team when they are outside of the UK and should log their dates on the travel spreadsheet. This travel will count as part of the number of personal days outside the UK.

#### Tax

62. Under the US Tax Reform Act (1986), American citizens in receipt of a scholarship/ fellowship such as a Marshall Scholarship are required to pay tax on that part of the award which cannot be considered as 'direct educational costs'. For Marshall Scholars, this means that they must pay tax on the stipend, and the fares to/from the United States. There is no liability for tax on the tuition fee element and book grant element of the Scholarship.

The statement above is the most current information from the IRS, although you might wish to talk to the IRS yourself. The Commission will provide you with a statement of funds should it be required, which is normally issued by the end of February each year. Scholars who undertake part-time work in the United Kingdom may also be responsible for US Income Tax on their earnings. It is the responsibility of the Scholar to speak to a licensed US tax professional to learn more about their liability. The Marshall Team cannot provide tax advice.

### **Dependant and Child Allowances**

63. The Commission does not offer an additional allowance or stipend for the partners of Scholars. A settling in allowance will be offered for up to three months at the beginning of a Scholar's tenure providing the partner has not already found employment.

If a dependant visa is not required due to the dependant being a UK citizen or similar, the Commission may request further information in order to claim the settling in allowance.

The settling in allowance is only payable at the beginning of a Scholarship.

No additional allowances are paid to Scholars who marry another Marshall Scholar or marry whilst they are living in the UK.

64. For a Scholar who is accompanied by children, a child allowance is paid for the first, second and third child under the age of sixteen years provided that they are residing with their parent in the UK for a continuous period of at least three months. In all cases proof of the child's status in the UK as a dependant (through e-visa/BRP) must be provided before allowances can be paid.

It is important that you immediately notify the Marshall Team if you have children that will be accompanying you to the UK or if there are any changes to the number of children who may qualify for this allowance. The allowance represents only a small part of the cost of maintaining a child in the United Kingdom.

# **Events and opportunities**

### **Marshall Events**

65. The Commission will host several events each year for Marshall Scholars as part of their award. There will normally be a reception in London during Welcome Orientation to welcome the incoming class of Scholars, and a dinner in May to honour the Scholars completing their awards. In addition, there will typically be a devolved government trip during the Easter break.

Scholars can also plan talks and visits during their period of tenure. If Scholars are interested in this opportunity, they are encouraged to speak with their Scholar Representatives in the first instance.

Scholars are expected to make arrangements to attend all Commission-sponsored events as these are opportunities to engage with other Scholars and Commissioners. If Scholars RSVP to attend an event, they should notify the Marshall Commission as soon as possible if they are no longer able to attend. Failure to provide notice may result in financial penalty.

### Marshall Connect

66. The Marshall Connect scheme is an opportunity for Marshall Scholars to be paired with a member of the Civil Service Fast Stream Programme. The Fast Stream is one the UK's leading graduate employers. Each year it attracts highly talented British graduates from a wide range of backgrounds to develop public service careers in a variety of disciplines.

This programme is intended to enhance the experience of Scholars while studying in the UK. Individual pairings are formed so that each Scholar has a British "buddy". All first year Scholars are expected to participate in the programme and will be matched with a member of the Civil Service Fast Stream.

For Scholar-Buddy organised meet-ups, Scholars may claim travel expenses between the Scholar's and Fast Streamer's place of residence of a standard class return fare, using a railcard (16-25 or 26-30), plus any associated tube fare. Full receipts will be required.

### Scholar Leadership

67. Each cohort of Scholars has the opportunity to elect Class representatives. Elections will take place in the October of the Class's arriving year and will include the role of Class Secretary, Class Communications Secretary and several Scholar Representatives. These roles are typically elected to serve for two-year tenure of the award for continuity purposes. However, if a one-year Scholar decides to run or if a serving representative wishes to step down, an election can be held ahead of the cohorts second year. The role of Class Treasurer is held by a second year Scholar for their final year of award.

Class Secretaries will be responsible for leading on the planning of Scholar-led activities using funds provided by the Commission and the AMS. The Commission may consult the Class Secretaries to help with surveys or outreach. The names of both the Class Secretary and the Class Communication Secretary will be retained and forwarded to the AMS upon completion of the Class's tenure. It is expected that both roles will act as the main point of contact for the class in perpetuity.

More information and role descriptions will be circulated by the Marhsall Team and expressions of interest will be requested.

### **Scholar Experience Committee**

68. The Commission annually invites nominations for a set number of Scholars to serve as Scholar representatives on the Scholar Experience Committee. Elections will be held by email during the first term. This Committee will feed back to the Commission their discussions on the overall Scholar experience whilst in the UK.

### Speaker for the Annual Dinner

69. It is traditional at the Departing Scholars Dinner for the Chair of the Commission to propose a toast to the Scholars who are completing their tenure in the UK. A chosen Scholar, from the departing class, then responds. Nominations, and if necessary, elections, will be taken ahead of the Dinner each year.

# Health and Wellbeing

### **National Health Service**

70. Before you come to the UK, please ensure that you familiarise yourself with the UK's National Health Service (NHS) as it will be different to the healthcare system in the US. The NHS is the UK's publicly funded health care system. As part of the visa process, the Commission pays the Immigration Health Surcharge on your behalf, which allows you to have access to the NHS.

### Before Arrival to the UK

- 71. Scholars will be asked to complete a health and disability form prior to arrival in the UK, which requests information about Scholar health. We understand that this may be sensitive personal information, and we categorise it as 'special category data' which is required for the purposes of providing assistance and reasonable adjustments; all special category data will be held securely with restricted access. For more information about our policy, please see our <u>privacy notice</u>. Scholars are given the opportunity to update this form throughout their tenure, should their needs change.
- 72. Scholars are asked to confirm that they will discuss their health needs with a medical professional before departing for the UK. This is especially important for Scholars who have ongoing health concerns or require regular mediation. Scholars should be aware that some medication may be unavailable in the UK, unavailable in the same dosage or difficult to get at a short notice. The same or similar medication may be available under a different name or brand. Before travelling to the UK, Scholars should discuss their situation with their medical professional in the US.

More information can be found about medication which is prescribed by the NHS on their website.

Although General Practitioners (GPs) in the UK can prescribe most medication, medication prescribed for ADHD, multiple sclerosis and other conditions can only be prescribed by a specialist. Your GP can refer you for an appointment, but there can be long wait times. Additionally, there may be waiting lists to access other specialist medical services, including some mental health services and gender clinics.

73. The NHS may require additional assessments to prescribe some medication for anxiety and depression. There can be significant delays in getting these assessments, so if you need this medication, you should ensure you can receive your prescription from the US before your departure to the UK.

You may be able to bring your medication with you, but you should ensure that you bring a letter of explanation from your doctor. There is more information on the gov.uk website about bringing medication into the UK.

If you have a pre-existing medical condition, please ensure that you bring a summary of your medical records with you, including diagnosis and treatment. If you're currently having treatment, it's helpful to ask your doctor to write a letter which summarises your medical history.

- 74. Please note that the Commission cannot provide any advice on medication, you must speak to a healthcare professional for tailored support. The Commission does not provide any grants or additional funding to cover medical costs or costs for other adjustments that you have during your award.
- 75. Your scholarship does not include any form of medical or travel insurance and we are not able to cover the costs of private medical treatment or the purchase of medication. We recommend that you consider purchasing your own private medical insurance for your time in the UK if necessary or continue access to your US health insurance if possible. The Commission does not have an in-house counselling service or a doctor who can offer consultations, but the Marshall team can signpost you to appropriate NHS services if required.
- 76. The NHS does not cover certain medical care. There are some conditions and treatments which are not covered, including:
  - treatments for which there is no scientific evidence for any benefits
  - cosmetic procedures
  - treatments for mild conditions which will resolve on their own
  - interventions which do more harm than good
- 77. Some treatments or services that you are accustomed to requesting in the US may not be accessible to everyone upon request under the NHS (i.e. physicals or NHS Health Checks). Please visit the NHS website to find out more about NHS services.

### After Arrival to the UK

78. One of the first things you should do after arriving in the UK is to register with a doctor or general practitioner (GP). Some British universities may have their own doctor surgeries. Please follow the advice given by your university and ensure you choose an NHS doctor.

- 79. You may need to show proof of your student status and address, along with your Immigration Health Surcharge number. Your immigration health surcharge number will have been sent to you by email when you made your student visa application or can be found on your completed application.
- 80. Finding a GP to register with will depend on where you live in the UK and there are further details in the links below:
  - England <a href="https://www.nhs.uk/service-search/find-a-GP">https://www.nhs.uk/service-search/find-a-GP</a>
  - Northern Ireland <a href="https://www.nidirect.gov.uk/services/gp-practices">https://www.nidirect.gov.uk/services/gp-practices</a>
  - Scotland <a href="https://www.nhsinform.scot/scotlands-service-directory">https://www.nhsinform.scot/scotlands-service-directory</a>
  - Wales https://111.wales.nhs.uk/LocalServices/?s=GPSurgeries
- 81. Not all treatments are free of charge, for instance you will have to pay for some dental and optical treatment, plus prescription charges if you live in England (currently £9.90 per item). There is no cost for prescriptions in Wales, Northern Ireland or Scotland. The Commission does not provide any additional funds for these costs, and you're expected to use your monthly stipend to cover any prescription costs incurred.

#### Mental Health

- 82. The primary source for mental health support for Scholars will be their university and the NHS. The Commission can signpost Scholars to these resources. The Commission also provides access to WorkPlace Options for all Scholars. Scholars will be sent details on how to access these at the beginning of their Scholarship.
- 83. Emotional Support Animals are not legally recognised in the UK which means, whilst a Scholar could bring an animal as a pet, there aren't any special dispensations for flights or accommodation. You may find it difficult to find housing that will allow animals.

### **Disability provision**

84. All Scholars will be asked to complete a health and disability form. Scholars who disclose a disability or health condition may be eligible to receive additional disability funding to support their living costs in the UK. This funding includes provision for personal care and is in addition to the reasonable academic adjustments that universities will assess and provide. If permission is given, the forms of Scholars who indicate that they have a disability or health condition will be assessed by Disability Rights UK (DRUK) to determine if a disability allowance is recommended.

- 85. If you have a disability or a condition which means that you need further support, university disability offices are a great source of advice and guidance. Depending on your circumstances, you may get additional time for exams or assignments, or other reasonable adjustments. We suggest that you contact your university's Student Support and Disability Services as soon as possible to discuss what support or adjustments you might need.
- 86. Under the <u>Equality Act 2010</u>, higher education institutions must not discriminate against people with disabilities, and they have a responsibility to put in place reasonable adjustments. Universities may require additional information as part of their own processes and procedures.

Please find more information in the Commission's <u>Disability Statement</u> found on the Marshall website.

### **Notification of Illness**

87. If you become seriously ill, please inform the Marshall Team as soon as possible.

### Compassionate Leave from the UK

88. In exceptional circumstances, the Marshall Commission has the discretion to approve up to 10 days of compassionate leave in addition to the total number of days allowance for travel outside of the UK for personal reasons.

The Commission can, at its discretion, meet the cost of compassionate airfares. Scholars should discuss their individual situation with the Marshall Team who will consult with the Commission about meeting the costs of the compassionate fare. Compassionate fares are most likely to be offered in the instance of the bereavement of an immediate family member.

### **Insurance**

89. The Commission takes no responsibility for insurance against sickness, accident, or death either for candidates or Scholars-elect in the United States or for Scholars travelling to or from or residing in the United Kingdom. Although eligible for medical treatment in the United Kingdom under the NHS, Scholars are advised to consider maintaining ongoing health insurance in the United States during their period of tenure if feasible.

### **End of Award**

### Homeward fare

- 90. Subject to satisfactory completion of studies in the UK and upon meeting the criteria outlined below, Scholars are eligible for a homeward flight which must be arranged or requested within the financial year (April March) that your award ends. Marshall Scholars are not debarred from travelling by other means, but the Commission shall be responsible for meeting only the actual cost of their journey from the United Kingdom, up to a maximum equivalent to the most economical economy class fare.
- 91. Scholars must write to the Marshall Team at least one month in advance of their proposed departure date to confirm they meet the criteria below and request their homeward fares to be arranged. If the departure date is less than one month from the request, Scholars will receive a contribution of up to £850 or the cost of the flight (whichever is less expensive).

### **Completion of Tenure**

92. One Year Marshall Scholarships – The tenure for one-year Scholarships is 12 months; therefore the Scholarship will normally terminate on 30 September of the year following your arrival. One year Marshall Scholarships cannot be extended beyond 12 months. Stipend will be paid until 30 September or the date on which you leave the UK, whichever is earlier.

**Two Year Marshall Scholarships** – The tenure for a two-year Marshall Scholarship is 22 months; therefore the Scholarship will normally terminate on 31 July of your second year. For Scholars who finish and leave before the end of July, your stipend will be terminated on the day of your homeward fare.

For Scholars whose taught course finishes in July, August or September, you will receive stipend up to the end of your course plus an additional three weeks, or up to 30 September, (whichever is earlier). If you take your homeward fare before the end of the three weeks, stipend will only be paid until the date of your departure.

For Scholars who are undertaking a PhD, providing you have not completed the degree requirements and are resident in the UK before the end of September, you will receive stipend until 30 September.

The Commission will cover the costs for an economy class flight to the United States at the end of a Scholar's tenure once they have met the following conditions:

- 1. Completion of the Future Plans Form and Scholar Experience Survey
- 2. Submission of your Annual Statement
- 3. Evidence of your completed degree.
- 4. No outstanding debts
- 93. Once you have met these conditions, and if your departure date is in at least one month hence, you can request to be connected to Diversity Group International (DGI) to arrange your homeward flight. If the departure date is less than one month from the request, Scholars must arrange their own flight and will receive a contribution of up to £850 or the cost of the flight (whichever is less expensive).
- 94. If you would prefer to book the flight yourself, and the departure date is at least one month hence, you must check your proposed booking with the Marshall Team who will approve the fare. Failure to have the fare checked in advance of making any booking will result in reimbursement up to the cost of the most economical fare found by the Marshall Team, which may be lower than the booked fare.

Scholars are strongly advised to use <a href="http://www.byojet.com">http://www.byojet.com</a> (formerly http://www.studentuniverse.co.uk) to find the lowest homeward airfares. Should a Scholar wish to use an alternative company to book their homeward airfare they must provide evidence that the alternative will cost less than if they booked a like for like fare using the BYOjet.com (formerly Student Universe) travel website.

#### Homeward airfares must be:

- Economy class
- Normally one way; nearest airport to nearest airport
- The most economical route available

If a Marshall Scholar wishes to travel to a country other than the United States, the Scholar should provide a quote to the Marshall Team for the equivalent fare from the UK to home US airport. Reimbursement will be made up to the cost of the actual airfare booked, or the most economical fare to the Scholar's home US airport, whichever is lower.

Scholars must pay for their homeward fares in the first instance. The Commission will reimburse the cost upon successful graduation and on receipt of the homeward fare claim form and receipts. You must not have any outstanding debts to the Commission and must have completed the requirements for departing Scholars listed on the homeward fare claim guidance before any reimbursement is made. In such circumstances, Scholars must pay for their homeward fares in the

first instance. The Commission will reimburse the cost upon successful graduation and on receipt of the homeward fare claim form and receipts. You must not have any outstanding debts to the Commission and must have completed the requirements for departing Scholars listed on the homeward fare claim guidance before any reimbursement is made.

The cost of travel to your UK departure airport from your university city cannot be reimbursed.

Reimbursements will be made to Scholars' UK bank accounts. The Commission has the discretion to meet the cost of shipping a reasonable amount of unaccompanied baggage across the Atlantic. The Commission's total liability in this respect is listed on the fee sheet, this is exclusive of insurance charges, which must be met by the Scholar. Receipts for baggage shipment expenses should be submitted to the Commission so that reimbursement can be made up to the maximum allowed, to your UK bank account.

#### **Graduate Student Route Visa**

95. Scholars may be eligible to apply for the Graduate Visa which allows students to work in the UK after successfully completing their degree. Scholars should request a 'No Objection Letter' from the Marshall Team as part of the application process. The Commission does not cover any costs associated with this visa application.

#### **Deferment of Homeward Travel**

96. Homeward travel should be requested within the financial year that the award ends. Requests made after the financial year ends will not be considered except in exceptional circumstances where prior permission has been granted. The financial year runs from April – March.

### Contact after tenure

97. Once you have completed your Marshall Scholarship, you must complete the Commission's questionnaire and a Future Plans Form, including a contact address and your immediate plans after the end of your tenure. Your homeward fare will not be arranged or reimbursed until this has been submitted. The Marshall Aid Commemoration Commission will retain your contact information upon completion of your award in line with our privacy note. We will also share this information with the Association of Marshall Scholars and the British Embassy in the US to facilitate communication for events or other requests. You may withdraw your consent to share this information at anytime.

#### Contact address

MARSHALL AID COMMEMORATION COMMISSION

c/o The British Council 1 Redman Place London E20 1JQ

E-mail: prog.admin@marshallscholarship.org

